

SAFEGUARDING

OCTOBER '19



WELCOME!

A warm welcome to our Safeguarding & Prevent communication. We will be providing you with key updates and emerging Safeguarding themes.

MEET THE TEAM



ALISON DANN

The B2W Group welcomed Alison in 2017. With over fifteen years of experience working in FE, she has an unrivalled passion for the highest quality. Alison is no stranger to success in her field, credited with leading a large FE College to a Grade 2 with Ofsted with safeguarding deemed effective.



BEN WAITE

The B2W Group welcomed Ben in 2018. With over thirteen years of experience as a College lecturer, Ben has extensive experience supporting vulnerable learners in a course leader role, working with external agencies to safeguard learners.



GAYLE DAWKES

The B2W Group welcomed Gayle in 2017. With over 25 years' experience working with the NHS and supporting vulnerable adults alongside working with home improvement agencies to support the most vulnerable with grants for home improvements to ensure they were safe and well in their homes.

REPORTING A SAFEGUARDING CONCERN

Please remember to report any safeguarding concerns to the team on safeguarding@b2wgroup.com. This email is monitored 24/7 by staff that are trained and qualified to provide advice and support surrounding this. All concerns should be sent directly to the designated safeguarding team and shouldn't be discussed with other staff members or peers under any circumstances.

UPDATES IN SAFEGUARDING - DFE 2019

UPSKIRTING

Upskirting is now a criminal offence punishable up to a two years sentence and is a form of peer-on-peer abuse.

Upskirting is a term used to describe the act of taking a sexually intrusive photograph up someone's skirt without their permission. It is usually performed in a public place, such as on public transport or in a nightclub, among crowds of people, making it harder to spot people taking the photos. Upskirting is done for all sorts of reasons – it might be for sexual gratification, to harass someone, for revenge or to make money.

Records show that girls as young as 10 have been targeted by perpetrators taking illicit photographs under their clothing, commonly using phones or hiding cameras in public places.

The law came into force on 12th April 2019 following an 18 month campaign by activist Gina Martin. She had been targeted at a festival in summer 2017. Following the incident, Martin informed the police and learned that upskirting was not a specific offence in UK law.

After a Facebook post detailing her experience went viral, Martin launched an online petition to get her case reopened with the police and called for upskirting to be made part of the Sexual Offences Act 2003. Within days, here petition received 50,000 signatures.



The campaign also gained the support of Lib Dem MP Wera Hobhouse who brought a private members' bill backing the creation of an upskirting offence in England and Wales in March 2018.

NEW INFORMATION ON SERIOUS VIOLENT CRIME

Staff and learners should be aware with the associated risks and understand the measures that are in place to manage them.

Factors can include, but aren't limited to:

- Unexplained gifts/new possessions – these can indicate children have been approached by/involved with individuals associated with criminal networks/gangs
- Increased absence from school
- Change in friendship/relationships with others/groups
- Significant decline in performance
- Signs of self-harm/significant change in well-being
- Signs of assault/unexplained injuries

Sources: independent.co.uk, gov.uk

OUR FIRE MARSHALS AND FIRST AIDERS

We have office based fire marshals and first aiders across both our Manchester and Rotherham offices.

If you are field-based and training is delivered in different venues then every venue will have their own fire marshal and first aider. This information is checked prior to booking, if you have any questions about this please contact your line manager.

Please take a moment to review the below and remind yourself of our fire marshals and health and safety representatives in our Manchester and Rotherham offices.

These people are fully trained and will be happy to answer any questions you may have.

FIRE MARSHALS



Claire Mogan
Manchester



Gayle Dawkes
Manchester



Luisa Jarvis
Rotherham



Sharon Daniel
Rotherham

FIRST AIDERS



Cavan Wheeler
Manchester



Saul Muscat
Manchester



Hayley Faulkner
Rotherham



Linsey Bell
Rotherham

STAYING SAFE IN WINTER

SAFER JOURNEYS

As the nights get darker and colder with winter quickly approaching, ensure you are following the following steps to ensure you are staying safe whilst travelling around.

- Avoid travelling alone, but if you have to then text a friend or family member when you're leaving and when you arrive at your destination. Consider using an app such as 'Find My Friends' to share your location with someone that you trust.
- Wear appropriate footwear with good grip to help keep you steady on your feet in icy conditions.
- Keep your valuables hidden, items such as phones, wallets etc should be kept in a bag or zipped up in pockets.
- Be aware of your surroundings, things such as listening to music through your headphones may distract you and make you less alert.
- Avoid walking down paths that don't have street lights and stick to residential areas.
- If you are driving, check your tyres before every journey for air and tread.
- Allow more time in the morning to clear car windows and mirrors of snow before setting off, use lukewarm water or de-icer to defrost the outside of your vehicle. You should never use hot or boiling water.
- Be prepared for every eventuality by ensuring that your car is equipped with the following: demisting pad, torch, spare screen wash, de-icer, ice scraper, blanket, shovel, phone charger, map and a square of carpet that you can use to put under your drive wheels should you get stuck in the snow.

PROTECTING YOUR HEALTH IN THE COLD

If you start to feel unwell, even if it's a cough or cold, don't wait until it gets more serious. Seek advice from your doctor or pharmacist.

Follow these tips on keeping well in the cold:

- Find out if you can get the flu jab for free on the NHS
- Wear several layers of clothes rather than 1 chunky layer – clothes made from cotton, wool or fleecy fibres help to maintain body heat
- Use a hot water bottle or electric blanket to keep warm in bed – but don't use both at the same time
- Have at least 1 hot meal a day – eating regularly helps keep you warm; and make sure you have hot drinks regularly
- Try not to sit still for more than an hour or so indoors – get up and stretch your legs
- Stay active – even moderate exercise can help keep you warm
- Wrap a scarf loosely around your mouth when outdoors – add a hat and wear shoes with a good grip, too
- If you have a heart or respiratory problem, stay indoors during very cold weather



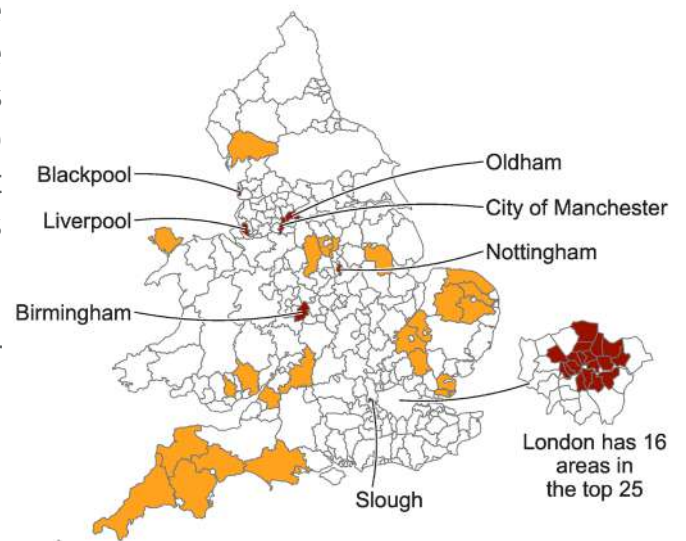
KNIFE CRIME ACROSS THE UK

Knife crimes per 10,000 people in England and Wales

■ Top 25 areas ■ Bottom 25 areas

THE FACTS

Knife or sharp instrument offences tend to be concentrated in metropolitan areas. In the year ending June 2019, 32% of all offences recorded by the police involving a knife or sharp instrument happened in London. The highest rates after London were seen in the urban areas of Greater Manchester, the West Midlands and West Yorkshire. These areas saw higher rates than the England and Wales average of 80 offences per 100,000 population.



RECENT INCIDENTS

There has been on average 119 knife crimes reported a day across the UK in the past year. Recent incidents include:

Friday 12th October, a man stabbed 5 people in Manchester Arndale. There were no fatalities and all victims have been treated in hospital and are in a stable condition. The knifeman was arrested on suspicion of terrorism before being detained under the Mental Health Act.

Wednesday 10th October, a man was attacked in Camberwell in the evening and died at the scene. Police have arrested a man and five youths.

Tuesday 24th September, two men were stabbed to death in the space of two hours in separate incidents of knife crime in west London – including one who was struck down in broad daylight on a tube platform. Both knifemen have been arrested for murder.

Monday 26th August, a 17-year-old victim who was attacked is suffered serious injuries after he was stabbed in the chest by a 15-year-old after a dispute in a market.

WHAT IS BEING DONE ABOUT IT?

Many local government and authorities have a range of strategies in place to raise awareness and reduce knife crime and violence across the country.

England's first Violence Reduction Unit has been set up. This brings the police together with specialists from health, local government, probation and community organisations to tackle violent crime and the underlying causes of violent crime.

London has a dedicated Violent Crime Taskforce of nearly 300 police officers focusing on the areas worst affected by knife crime and violence.

West Midlands Police force has revealed plans to spend £7m tackling youth violence after declaring knife crime a “national emergency. The force will focus more resources on Birmingham's night-time economy and mediation services for young people.

KNOWING THE RISKS

When you carry a knife, you are risking everything. Prison, being a victim of crime and even ending up in hospital are all real risks. Beyond this, knife crime has devastating personal effects on you, your friends, and your family.

LEGAL CONSEQUENCES

- Carrying a knife can mean four years in prison, even if you don't use it.
- You can get a criminal record just for carrying a knife.
- Carrying an offensive weapon, like a knife, is a serious offence and carrying it for self-protection is not a defence.

EMOTIONAL CONSEQUENCES

- If something bad was to happen as a result of you carrying a knife, you will have to live with the guilt for the rest of your life.
- Carrying a knife doesn't just have an impact on you; it can affect your family and friends too.
- No one would ever want to experience a loved one get injured, go to prison or be killed.

PERSONAL CONSEQUENCES

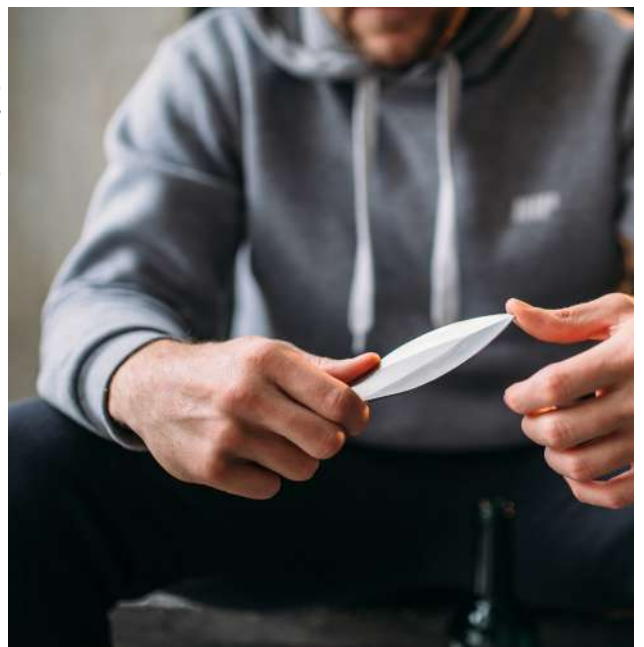
- Carry a weapon and it could be used against you.
- Employers may be less likely to employ someone with a criminal record.
- Countries such as the USA and Canada may not allow someone with a criminal record in, even just on holiday.

OTHER FACTS

- 99% of young people aged 10–29 don't carry a knife.
- People who carry a weapon are more likely to be hospitalised with an injury caused by violence.
- There is no 'safe place' to stab someone – any stab can be fatal – and the consequences will be just as severe.

HOW TO LIVE KNIFE FREE

- Friends should never pressure you into doing something you don't want to. Consider whether the people you surround yourself with are having a positive impact on your life.
- Some friends may pressure you to carry. Try and think of a way to say no before you're put on the spot, so you're ready – it could save your life.
- Try and stay away from situations that you know are likely to result in conflict or violence.
- Find positive activities to channel your energy and help you avoid dangerous situations. This will also help you meet others living knife free.



Source: <https://www.knifefree.co.uk/>

WELLNESS MONTH










WELLNESS MONTH

Throughout October, The B2W Group will be hosting a range of activities and events for staff and learners to promote wellness in all aspects of their lives, especially in the workplace.

We want to promote the importance of well-being both mentally and physically by introducing a range of activities within the workplace. The aim of this is to make staff and learners feel more motivated and to reduce stress. As a company, we want to do all we can to support and encourage people to open up and find the correct services to help them manage their personal well-being.

Throughout the month we will be hosting things such as workshops for managing stress within the workplace, a fundraising events for YoungLives, and a Halloween competition. The aim of these are to bring positivity into the workplace and classroom and encourage building healthy and positive relationships with those around us.

Amongst this, we will also be getting fruit delivered to the office in order to encourage a healthy diet, and creating blogs focussing on key topics regarding your well-being.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1  HOT TOPIC TUESDAY	2  WELLNESS WALK	3 WHAT DOES WELLNESS MEAN TO YOU?	4 FRUIT FRIDAY
7 MONDAY MINDFULNESS 	8 HOT TOPIC TUESDAY	9 WELLNESS WALK	10  WORLD MENTAL HEALTH DAY #HELLOYELLOW	11 FRUIT FRIDAY WELLBEING SEMINAR
14 MONDAY MOTIVATION 	15 HOT TOPIC TUESDAY	16 WELLNESS WALK	17 HEALTH CHECKS 	18 FRUIT FRIDAY
21 MONDAY MUSIC 	22 HOT TOPIC TUESDAY 	23  WELLNESS WALK	24 A DAY TO GIVE SOMETHING BACK	25  FRUIT FRIDAY
28 MEAT FREE MONDAY 	29 HOT TOPIC TUESDAY	30 WELLNESS WALK	31 HALLOWEEN 	

We hope that this is something that everyone gets involved in at The B2W Group and these activities are something that we can continue to promote all year round.

WELL-BEING AT THE B2W GROUP

WELL-BEING REPRESENTATIVES

As a business, we are looking to have well-being representatives across the business that will support in the promotion of staff well-being, look at key areas that need improving and communicate with all staff and learners. This will include the creation of resources including vlogs, newsletters and emails and participating in meeting with the quality team to discuss things we can do as a business to increase staff morale and reduce stress in the workplace.

Representatives would be enrolled on to our Mental Health Distance Learning qualifications and receive full support in completing this. Further information regarding this will be communicated in coming weeks.

SEASONAL AFFECTIVE DISORDER (SAD)

Seasonal affective disorder (SAD) is a type of depression that comes and goes in a seasonal pattern. SAD is sometimes known as “winter depression” because the symptoms are usually more apparent and more severe during the winter. A few people with SAD may have symptoms during the summer and feel better during the winter.

The exact cause of SAD isn't fully understood, but it's often linked to reduced exposure to sunlight during the shorter autumn and winter days. The main theory is that a lack of sunlight might stop a part of the brain called the hypothalamus working properly, which may affect the production of hormones and your internal body clock.

Symptoms of SAD can include:

- A persistent low mood
- A loss of pleasure or interest in normal everyday activities
- Irritability
- Feelings of despair, guilt and worthlessness
- Feeling lethargic (lacking in energy) and sleepy during the day
- Sleeping for longer than normal and finding it hard to get up in the morning
- Craving carbohydrates and gaining weight
- For some people, these symptoms can be severe and have a significant impact on their day-to-day activities.

You should consider seeing your GP if you think you might have SAD and you're struggling to cope. Your GP can carry out an assessment to check your mental health. They may ask you about your mood, lifestyle, eating habits and sleeping patterns, plus any seasonal changes in your thoughts and behaviour. Treatments such as therapy, medication and/or changes in your lifestyle can then be discussed to find the most suitable treatment for you.

If you have a friend or colleague that seem to be showing any of these symptoms, reach out to them to offer support.

RIGHT WING TERRORISM ACROSS THE UK

Right Wing Terrorism falls underneath **Domestic Extremism**. Domestic extremism mainly refers to individuals or groups that carry out criminal acts in pursuit of a larger agenda, such as “right-wing extremists”. They may seek to change legislation or influence domestic policy and try to achieve this outside of the normal democratic process.

The threat from violent extreme right wing extremism appears to be increasing. Within the UK, 18.35% of the 218 people imprisoned for terrorist related offences are Domestic extremists. The number of far-right terrorists imprisoned in Britain tripled between 2017-2018. There were 29 people in custody at the end of March 2018, up from nine the previous year. There are now 30 people in custody at the beginning of August 2019.



Banned neo-Nazi group National Action (NA) remains a principal XRW threat to the UK but in the last few years has suffered disruptions (including arrests and prosecutions). As of August 2019, thirty individuals across the UK were in custody for XRW related offences, 12 of which were in prison for belonging to a proscribed organisation such as National Action. Most recently, a male from Lancashire admitted to preparing an act of terrorism as he wanted to ‘replicate’ the murder of Jo Cox when he plotted to murder MP Rosie Cooper with a 19 inch gladius knife. He admitted intending to kill her as part of his ‘white jihad’.

The growing threat from “extreme right-wing” terrorism will be included in official threat-level warnings for the first time, the home secretary has announced. Until now, the alerts – which tell the public if the risk is low, substantial or critical – have taken into account the threat of attack from Islamists only.

The change follows growing recognition of the rising threat from the far right, since the murder of 50 Muslims in Christchurch, New Zealand, in March.

ACTIVITY ON SOCIAL MEDIA

Whilst the use of mainstream platforms such as Facebook and Twitter still exist, extremist activity has increasingly shifted onto more encrypted and private communication channels. In light of the shift toward increasing usage of fringe sites, it would be beneficial for people to be aware of these less mainstream social media. Popular platforms for the Extreme Right Wing include:



Discord



GAB



Wire



Tutanota



BITCHUTE

This isn't to say that the sites listed above are used purely for right wing activity.

TERRORISM THREAT LEVELS

Threat levels are designed to give a broad indication of the likelihood of a terrorist attack.

LOW means an attack is unlikely.

MODERATE means an attack is possible, but not likely

SUBSTANTIAL means an attack is a strong possibility

SEVERE means an attack is highly likely

CRITICAL means an attack is expected imminently

Current threat from international terrorism

The current threat level for international terrorism in the UK is **SEVERE**.

The threat level was last reviewed in July 2019, and has not changed from severe.

In July 2019 changes were made to the terrorism threat level system, to reflect the threat posed by all forms of terrorism, irrespective of ideology. There is now a single national threat level describing the threat to the UK, which includes Islamist, Northern Ireland, left-wing and right-wing terrorism.



IF IN DOUBT, CONTACT THE SAFEGUARDING TEAM.

E: safeguarding@b2wgroup.com

T: 0161 974 6122 (Alison Dann, Designated Safeguarding Lead)



If you need support out of hours, please call Samaritans on 116 123

SAFEGUARDING LINKS

- Manchester children's and Adults safeguarding boards
- Prevent Coordinator Nigel Lund
- Attendance to quarterly PREVENT learning network meetings via Manchester.Gov